



Monthly update – November 2021

We pay our respects to the First Nations people of the country in which we live, and acknowledge elders - past, present and emerging. We acknowledge that children entrusted to the care of the Church did not always receive the care they deserved and we acknowledge the ongoing impact and trauma of the separation of children from families and communities.

If you would like to make an application for redress go to: [Home](#) | [National Redress Scheme](#)

Introduction of Vicarious Trauma Toolkit

UCA Redress Ltd would like to introduce a new supportive resource for team members, and all those within the church, who are engaging with survivors of institutional child sexual abuse. Trauma-informed practice informs us that to provide survivors with a supportive and transformative experience, we must also be aware of personal trauma exposures. A trauma exposure response can be distressing, however there are some simple steps every person can take to manage these risks and reduce the likelihood of experiencing Vicarious Trauma.

The Vicarious Trauma Toolkit explains simply the trauma responses that can occur, and raises awareness of the symptoms that may be experienced. We offer a guide for leaders, offering suggestions on minimising the risk to team members. The toolkit additionally offers suggestions for maintaining good mental health practices, to mitigate a trauma exposure response.

Experiencing a trauma response while working empathically alongside survivors of complex trauma is normal, however with good management and self-care practices, the risk can be reduced. We encourage all who are working with survivors of institutional child sexual abuse to engage with this new resource.

If you feel you may be experiencing vicarious or secondary trauma, for emergency support contact 000, additionally you can reach out to someone you trust, contact Lifeline on 13 11 14 (24 hr), or Blue Knot Foundation on 1300 657 380 (9am – 5pm AEST).

If you have any queries or concerns, please get in touch with us at info@redress.uca.org.au

The UCA Redress Ltd annual report is now available from our website at:

https://ucaredress.org.au/wp-content/uploads/2021/10/Final_UCA-annual-report-2021.pdf

11,005

Total applications to National Redress Scheme (30/6/21)

Uniting Church Data

AS AT 3 NOVEMBER 2021

